

DOWSING



AND SUBTLE ENERGIES

David Yarrow

I was a computer nerd who just stumbled into knowing about dowsing and subtle energies.

For me to take an interest in something as outlandish as finding water underground given my highly technical training was quite a stretch, a leap into another reality. It began years ago with reading a book by Kenneth Roberts about Henry Gross, his neighbor in Maine. Henry was a conservation officer and a water dowser with an amazing track record, the go-to guy when anyone needed to locate a well.

In his book, Ken described a time when there was an extreme drought in Bermuda. They were importing water by freighter because there was no source – other than rainwater – known on the island. Sitting in his kitchen in Maine, Henry located four sites for fresh water wells. When Ken took his vacation in Bermuda to escape the Maine winter, he convinced someone to drag a drilling rig up to the top of a hill that was one of the four sites. The drill hit water as Henry had predicted, but it took Ken another six months to persuade anyone to look at the new well because everyone believed it was impossible.

I thought, “That is very strange. How did he find those four sites – sitting in Maine?” I decided then and there that if I ever had the chance to learn about dowsing, I would discover the answer.

So, in 1975, I took a five-day workshop at Omega Institute taught by Sig Lonegren and Ed Jastram, education directors of the American Society of Dowsers. Ed was a retired bridge engineer from Massachusetts, and he became my teacher. When we went out into the field to begin dowsing, he watched me for a while, and then said, “I see what your problem is. You’re responding to everything. You need to learn to look at only one thing at a time.” So, he taught me the kind of discrimination that allowed me to make sense out of what my inner sense was sensing.

For over 30 years I have traced water veins, mapped water flow systems, located wells for friends, learned about ley lines and earth energies, and discovered vortexes and sacred spaces. I have spent thousands of hours walking fields and woods studying how water and energy form networks on and under the land. It felt a bit crazy at times, because I was stepping into a reality few people had a clue about. I became aware of the land as living anatomy with an invisible, subtle network of forces that forms a matrix – an invisible template – out of which physical topography and geography manifest themselves. Later, when I studied acupuncture and Oriental medicine, I recognized the concept of chi, the subtle life force that flows in meridians. Chi was exactly like the energy lines, water flows and subtle moving forces I had discovered by dowsing.

Because I didn’t know any other dowsers, I taught people on my own how to access and use this extra sense. Most learned to detect underground water veins in minutes with some simple instructions, but a few struggled to get even a small wiggle from a dowsing rod. I learned to identify their difficulty as a poor connection between mind and body. Some of them simply lacked coordination, others had belief systems so strong they suppressed their perceptions, but most had emotional conditions that closed the channel to their inner senses.

When I was in college, I did volunteer work with emotionally disturbed children, an experience that deepened my discovery of subtle energies. These special children taught me that our behavior and awareness are not determined by what we think, but by our emotions. The children had walls of intense emotion – barriers to communication and learning – and from them I learned that we all have to get past our negative emotions to find the path out of our heads and down in to our hearts so we can connect with the world within us, around us, and beyond us.

We also have to learn about our own bodies. What I know now is that our subtle inner senses are hardwired into three basic places in our physiology: in the pineal and pituitary glands of the endocrine system, in micro-crystalline magnetic sensors in the frontal lobe of the brain, and in our organs – principally the heart and kidneys. Kidneys are the Water organ, heart the Fire organ, and they have a special relationship in manifesting the primary polarities that drive biology – and spirit.

Iron in our red blood cells is highly magnetic, and the heart sits inside a great magnetic field pumping magnetic fluid all through our body. When we are in touch with our selves, and when we are focused, we can learn through the heart and its magnetic aura to sense other people, to pick up what they are feeling, and to sense other energies. It is very subtle, but we are all born with this ability. Our natural intuitive sense gets screwed up, shut down, and cut off because most of us suffer emotional and physical trauma that divorce us from the innate potential that is hard-wired into our physiology.

The physics I studied in college taught

me that electromagnetism is light, and light is necessary for seeing. Through dowsing, I began to realize we also have the capacity to see darkness. The search in physics today is to locate dark matter

trates everything, passing through almost every form of matter, including the 8000 solid miles through the center of the earth. Biology and medicine know a lot about how electricity affects the body, but we know little about how magnetism affects living tissues or organisms.

I became aware of the land as living anatomy...

and dark energy in the universe. Physicists keep looking for it out in the cosmos, and don't realize that it is right next to us. There are other dimensions with other realities coexisting with ours, but our perceptual assumptions create blocks that only allow us to see four dimensions of spacetime. We also believe that we are limited to our five physical senses. Once you learn to trace water flowing deep underground, you know there are other dimensions and additional senses.

Light is electromagnetism – energy oscillating between electric and magnetic states. Electricity is the light side of this force – visible as a spark of electrons which illuminates, like fire. But magnetism is completely invisible – the dark side of the force. We can't see it except when iron filings align to a field, or we observe other alignments that reveal its presence. Very few things impede its passage. Magnetism pene-

Biology and medicine know a lot about how electricity affects the body, but we know little about how magnetism affects living tissues or organisms. We do know that nearly every creature needs to sense the earth's magnetic field so they can orient themselves and find their way home. But magnetic sensing is far more than navigation. The pineal gland acts as your "third eye." In primitive animals it was an actual eye at the top of the head that slowly sank down to become embedded in layers of neurological tissue as the brain evolved. As an external eye, its job wasn't to see the light but to see the dark - magnetism.

Today, the main task of our pineal gland is to listen to Earth's magnetic ringing and singing - in particular, the Schumann resonance of 7.8 cycles per second - a frequency created by oscillation between the Earth's surface and the bottom of the ionosphere's electrified, ionized air, that includes the now well-known ozone (O3) layer. The pineal gland, our magnetic sensor at the core axis of the nervous and endocrine

Sometimes I do work that involves facing difficult emotions. There is an amazing Indian mound complex in the city of Auburn, N. Y. that is now a cemetery. A white marble plaque on the central monument reads, "Who is there to mourn for Logan?" Logan was the last chief of the Cayuga tribe that lived there before the tribe had to turn their land over to the whites in 1794. A friend and I had a ceremony there, to mourn for Logan. We wept in grief for him and his dispossessed people, and for all that has been lost and destroyed. This was necessary to heal the land and to heal ourselves. The earth soaks up this emotional energy when it is offered. We need to reconnect with the earth, and that is something we can learn to do.

systems, sees magnetism, "seeing" beyond our ordinary vision.

The ancient Hindu Vedas say, "The most powerful force in the universe is the most subtle." With two eyes, we see the four dimensions of spacetime. But when we learn to open and focus our inner eye, with three eyes we begin to see other, more subtle, intangible realities. Opening to our inner senses, we discover true awareness, soul, and spirit - we go through a gateway to higher dimensions.

I believe it is our evolutionary destiny and revolutionary desire to achieve this inner awakening. Evolutionary, because our physiology is hardwired for these inner senses. Revolutionary, because inner awareness liberates us from mate-

rial reality and external authority, and empowers us to follow our inner guidance. Through this inner awareness, we can enter the Mind of Nature. To sense and respond to the land's invisible magnetic matrix – the grid of ley lines and sacred spaces – is to fully re-discover that we are all connected – and that all life is sentient, conscious and inter-related.

I believe, for their survival, for the healing of Nature, and to restore the Earth, the next generations will need all their senses – especially these subtle inner senses that have been repressed for hundreds of generations. With all our eyes wide open, maybe we can find our way back home to the Mother Earth.

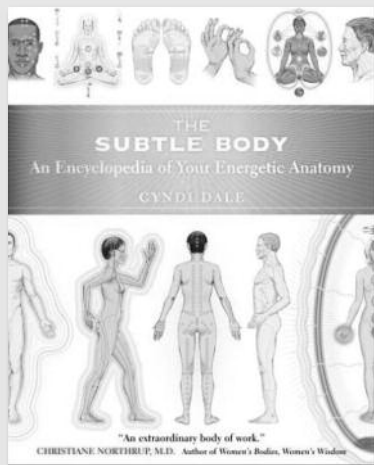
REFERENCES

K. Roberts, *Henry Gross and His Dowsing Rod* (Doubleday, Garden City, N.Y., 1952).



David Yarrow is a writer, journalist, teacher, healer, dowser, Taoser, grass-roots organizer and Earth advocate. David cofounded

Wellspring: Syracuse Center for Self Healing after sustaining catastrophic injuries as a result of being electrocuted. His is a message of hope and action. dyarrow@nycap.rr.com



AND... A BOOK TO READ THE SUBTLE BODY: AN ENCYCLOPEDIA OF YOUR ENERGETIC BODY BY CYNDI DALE

Sounds True has published a wonderful, and wonderfully useful, book by Cyndi Dale – *The Subtle Body: An Encyclopedia of Your Energetic Body*. It is encyclopedic in its range of information, but reads as easily as a fine guidebook. Richard Wehrman's illustrations add an enlivened clarity to the text. This brief excerpt from the conclusion gives a glimpse of Cyndi Dale's knowledge and wisdom.

"The subtle energies that compose the concrete world also create the human body. Organized into three main systems – fields, channels, and bodies – the subtle actually instructs physical matter in how to operate. One could say that we are subtle beings dwelling in the physical universe, rather than the other way around.

Knowledge of these subtle energy structures is vital to the practicing healer. By understanding the forces at work inside and outside of the body, the dedicated healer can best diagnose and resolve illnesses and problems. The subtle sensitive can determine the most effective treatment and work holistically – with all, instead of only some, of the body's systems. And he or she can draw on an ever-developing body of tools that can augment both Eastern and Western treatments.

Some of these tools are legendary, passed down by our ancestors. Healers through the ages have perceived subtle energies intuitively and proven their existence through application. These energies have been encoded in systems as wide-ranging as auric field healing, meridian therapies, and chakra balancing. Modern healers have much to gain by reviewing and adopting relevant practices. They worked yesterday, whether measured or not, they will work today.

SUBTLE does not mean "weak." Logic tells us that if the subtle underlies reality, we can reshape reality by working with subtle energies. And even though we are thousands of years into the process of studying and applying subtle energy knowledge, we are yet at the frontier – the place of jumping off. Will we embrace the ancient knowledge and science's newfound ideas – or retreat to the safety of ignorance? Will we stop asking only, 'What do we know?' and ask also, 'What do we still not know?' Through open-minded study and practice, each of us has the opportunity to further the understanding of the subtle principles underlying illness and health. And each of us can contribute to the body of knowledge that will lead to the subtle body healing techniques of the future."